

teaching more

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At a time of year when we're all counting our blessings, Teaching More would like to thank everyone who has given so generously to the communities we serve in Kenya. I am thrilled to report that several months ago, Kaswanga Farm became **self-sustaining!** With the purchase of an additional 7 acres of lake front land, additional fencing, the construction of a fish pond and the planting of 210 banana trees, more than **120 families** can now grow food year-round. The income from fish sales is being re-invested in the farm and is successfully covering **basic farm expenses**. What a tremendous gift...thank you again for all of your support as we continue to expand the farm project.

Our maternal health outreach program continues to demand our attention. There are still many rural villages around Malindi where women and infant deaths are frighteningly prevalent and yet preventable with the simplest of resources. We are the only organization providing training and resources to Traditional Birth Attendants (TBAs) in these areas, and the women who have already participated in training desire continuing education and always need more supplies. Our nurses have added instruction in nutrition, many options for family planning, and are providing HIV testing & counseling. The TBAs are also learning how to assess pregnancy risks and the protocol to deal with safe hospital transport should complications arise.

Looking forward, we want to expand our *Safety in Pregnancy and Childbirth* program to include a **maternity clinic**. When complications in a pregnancy arise, women often will not go to the Malindi Hospital. Many women have other small children who cannot accompany them, or they fear the overcrowding, lack of sanitation & hostile treatment they receive from hospital health workers. Teaching More is making plans to create a safe, clean, nurturing place for Malindi's women to give birth. Our goal is to continue to save lives by providing education and supplies to the remote areas where they are so desperately needed.

Here is what you can do to help with our projects!

Buy Baby Fishes: \$150 or Build a New Fish Farm: \$6,000



Our next Kaswanga Farm goal is to build another type of caged-tilapia fish farm directly in the lake - a more profitable type of fish farm that requires less attention. We would use the proceeds to expand the Kaswanga Farm Project by: fencing another section of farmland to include more families; build a greenhouse and much-needed outbuildings; emergency funds for replacing irrigation pipes, generator and pump as needed; and enough fish to distribute to the families for food.



Sponsor a Nurse & HIV Counselor: \$90

It costs an average of \$90 for one Teaching More nurse and one HIV counselor to visit one rural village and provide the TBAs there with life-saving training in well-woman practices, HIV prevention/testing/counseling, family planning and emergency protocol. For every \$90 donated, as many as 30 TBAs will have the skills necessary to knowledgeably assist mothers in their village with a safe pregnancy and delivery.



Sponsor Birth Kits: 1 for \$12 * 3 for \$36 * 5 for \$60

One birth kit containing simple items like gloves, cord clamps, gauze pads, alcohol swabs, a fetoscope and flashlight provides enough supplies for a birth attendant to **safely deliver 10 babies**. The benefit to the mothers, babies and their communities is enormous. A significant decline in maternal and infant mortality, fewer emergency trips to undersupplied and overcrowded hospitals, and the empowerment of birth attendants who can now care for their own community members are but a few of the ways a single inexpensive birth kit can change and save lives.



Help Start a Maternity Clinic: \$22,000 (startup cost for one year)

We need your help to start a maternity clinic! Startup costs will cover the following: 1 year lease of a space with electricity and running water; hiring a full-time staff of 3 nurses; clinic security; purchasing furniture (beds, lights, couches, etc) and medical supplies; funds for emergency transport; linens; licensing fees and cell phones for employees. **WE ALSO NEED DONATIONS OF UNLOCKED CELL PHONES, TABLETS OR LAPTOPS.**

Teaching More continues to rely on donations from individuals just like you to support our endeavors. Your generosity and commitment are needed more than ever as we plan to expand the scope of our maternal health care program. By choosing a sponsorship, making a monthly commitment or year-end gift, or even donating frequent flyer miles, you can personally be a part of our continued success and ability to advance the maternal health of women in Kenya. If you would like to make a donation in a friend or loved one's name for the holidays, please indicate such on the form provided or in the comment space provided when making a donation via our secure website at www.teachingmore.org. We will send a letter to that person telling them of your donation in their name. To donate frequent flyer miles, please call me at 406-223-0043.

Thank you for your continued loyalty and support!

Tuko Pomoja (We Are Together),

Danielle Kellem, Executive Director

P.S. Teaching More is a registered 501(c)(3) non-profit organization and your gift is 100% tax-deductible.



YES! I want to support the efforts of
Teaching More with my year-end or
monthly gift!

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My gift is enclosed \$ _____

_____ Check Enclosed

_____ Credit Card (circle one) MC  VS  AMEX  DISC 

_____ Make this a monthly Gift

_____ This Donation In the Name of Individual(s) Below

_____ Exp. Date ___/___ Code _____ Signature _____

Name _____

Address _____ City _____ St _____ Zip _____

Phone _____ Email _____



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